



**Connecticut Valley Hospital
Nursing Policy and Procedure**

**SECTION D: PSYCHOLOGICAL ADAPTATION
CHAPTER 12: INTERVENTION IN MEDICAL
SITUATIONS**

**POLICY AND PROCEDURE 12.02:
TRACHEOSTOMY CARE**

Authorization:
Nursing Executive Committee

Date Effective: May 1, 2018
Scope: Registered Nurses and Licensed Practical Nurses

PURPOSE: Tracheostomy care involves performing stoma site care; cleansing or replacing the tracheostomy tube inner cannula every 4–8 hours or as needed, and changing the tracheostomy ties on a regular or as-needed basis. Although tracheostomy care is performed primarily to control the build-up of secretions that can obstruct the artificial airway, it is also necessary to maintain the integrity of the skin at the stoma site, which is prone to inflammation and healthcare-associated infection.

POLICY: Connecticut Valley Hospital's Nursing Executive Committee has reviewed and approved the resources contained in *Nursing Reference Center* relating to Tracheostomy Care. Click on the links below to review Nursing Practice and Skills/Skill Competency Checklists.
Note: any policy information that is specific to Connecticut Valley Hospital will be displayed in the HOSPITAL SPECIFIC SECTION.

HOSPITAL SPECIFIC: The Nurse (RN/LPN) will ensure patency and appropriate maintenance of a tracheostomy. At CVH it is essential to utilize appropriate aseptic technique when performing tracheostomy care in order to minimize risk for infection at the stoma site and bronchopulmonary infection. In most tracheostomy care procedures except suctioning, it is appropriate to use aseptic non-touch technique (ANTT; i.e., a form of aseptic technique that utilizes measures to prevent the sterile part of the equipment or medication/solution from coming into contact with anything that is not sterile prior to introduction into the patient). The Registered Nurse will be responsible for assessing the patient to ensure that the patient's airway will remain patent and his/her respiratory status will be stable, and the patient will remain free of tracheostomy-related complications.

TRACHEOSTOMY CARE: PROVIDING

Reference: CINAHL Nursing Guide, May 13, 2016

Click on link below for the Nursing Practice and Skill:

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T703833&site=nup-live&scope=site>

Click on link below for Skill Competency Checklist:

<http://search.ebscohost.com/login.aspx?direct=true&db=nup&AN=T706074&site=nup-live&scope=site>